

1070 Trentham Rd Bullarto,
 Victoria 3461
 Phone: (03) 5348 5566
 Mobile: 0427 354 457
 Facsimile: (03) 5348 5681



Email: organic@foodfromthought.com.au
 Website: www.foodfromthought.com.au
 ABN 82031519145

WE SPECIALISE IN ORGANIC FOOD WITH REAL FLAVOUR

SEASONAL AVAILABILITY

PRODUCT	January	February	March	April	May	June	July	August	September
Baby turnip									
Basil									
Beans									
Beetroot									
Broccoli									
Bok choy									
Pak choy									
Brussel sprouts									
Cabbage									
Carrot									
Celeriac									
Corn-sweet									
Coriander									
Cucumber									
Daikon									
Eggplant									
Fennel									
Garlic									
Kale									
Kohl rabi									
Leek									
Lettuce									
Onion									
Parsley									
Parsnip									
Peas snow									
Peas sugar									
Peppers green									
Peppers red									
Potato Charlotte									
Potato Nicola									
Potato Kipfler									
Potato PFA*									
Potato Roseval									
Radish									
Silverbeet									
Squash-yellow									
Swede/turnip									
Tomato cherry									
Tomato normal									
Tomato romas									
Zucchini									

*PFA–Pink Fir Apple